minutes into teachable moments

It doesn't take a lot of time to become a significant champion for student activities.

Small, incremental adjustments to your regular routine can add up quickly and will make a huge difference.



spend 3 minutes

in the halls connecting with individual students, talking about their interests, and suggesting opportunities to connect their interests with activities.





take 5 minutes

a day to personally acknowledge, praise, and thank an adviser, coach, or sponsor for their time and commitment to student activities.





take 10 minutes

each week to learn more about the research linking student activity participation with academic performance. Share what you've learned in individual conversations with all stakeholders.



Imagine what might happen if you and your colleagues took these simple steps:

Agree to advise a club, coach a sport, or sponsor a cocurricular activity.

Offer to let a new club, like the chess club or robotics team, meet in your classroom after school while you're grading papers or preparing lesson plans.

Team up with your school's Parent Teacher Association (PTA). Volunteer to lend your talents, insight, and experience in support of student activities.

Recruit uninvolved students for specific projects to give them a taste of involvement.

